



DEPARTMENT OF
SOCIAL DEVELOPMENT

SP_4.4_SERVICE PACKAGE SUBSTANCE ABUSE_2027-28-29-30

1. INTRODUCTION

Substance abuse programme aims to provide for a comprehensive national response for the combating of substance abuse; provide for mechanisms aimed at demand and harm reduction in relation to substance abuse through prevention, early intervention, treatment and re-integration programmes.

2. LEGISLATIVE MANDATE

The Prevention of and Treatment for Substance Abuse Act 70 of 2008 and its Regulation
Prevention and Treatment of Drug Dependency Act 20 of 1992

3. REGISTRATION

REGISTRATION TREATMENT CENTRES

-In terms of Prevention of and Treatment for Substance Abuse Act, No. 70 of 2008, section 19, Subsection 19. (1) stipulate that no person may establish or manage any treatment centre maintained for the treatment, rehabilitation and skills development of service users or in which such persons receive mainly physical, psychological, spiritual or social treatment unless such treatment centre is registered in terms of this section.

REGISTRATION OF COMMUNITY-BASED SERVICES

-Section 14. (1) No person may provide community-based services unless the services are registered in terms of this section.

(2) Any person who wishes to provide a community-based service must apply to the HOD for the registration of such service.

NB. A person who renders a community-based service and treatment centre that has not been registered in terms of this sections is guilty of an offence and liable on conviction to a fine or to imprisonment for a period not exceeding 12 months or to both a fine and such imprisonment.

4. AIMS AND OBJECTIVES

Community based services - to prevent and reduce substance abuse within communities by providing accessible prevention, early intervention, support, referral, and rehabilitation services that promote healthy lifestyles, strengthen families, and enhance community well-being.

Inpatient treatment Services- Provision of integrated programmes to substance dependent people within the multi-disciplinary team setting to provide a structured, safe, and supportive therapeutic environment where individuals with substance use disorders can receive intensive treatment and rehabilitation services to achieve and maintain recovery

5. LEVELS OF INTERVENTION

5.1. PREVENTION

Prevent and reduce substance abuse in communities-

- ❖ Awareness Campaigns
- ❖ School-based prevention programmes,
- ❖ Engaging youth in Sports, Arts and recreational activities,
- ❖ Community Empowerment, Referrals,
- ❖ Life-skills development programmes,
- ❖ Peer education initiatives and
- ❖ Parenting and family strengthening programmes.

5.2. EARLY INTERVENTION

Early Intervention Services

- ❖ Screening and assessment.
- ❖ Risk identification and referral.
- ❖ Brief interventions.
- ❖ Individual and group counselling.
- ❖ Motivational enhancement programmes.
- ❖ Support groups for affected family members..
- ❖ Outreach Services
- ❖ Community outreach.
- ❖ Home visits.
- ❖ Referral coordination.
- ❖ Community stakeholder engagement

5.3. TREATMENT CENTRE SERVICES

Inpatient and Outpatient Treatment

- ❖ Comprehensive biopsychosocial assessments.
- ❖ Individual treatment plans.
- ❖ Medical referrals and support.
- ❖ Therapeutic interventions.
- ❖ Psycho-education programmes.

Therapeutic Programmes

- ❖ Individual counselling.

- ❖ Group therapy.
- ❖ Family therapy.
- ❖ Relapse prevention programmes.
- ❖ Life-skills development.

Rehabilitation Services

- ❖ Vocational support and Educational support.
- ❖ Behaviour modification programmes.
- ❖ Social functioning enhancement.

5.4. AFTERCARE SERVICES

Recovery Support.

- ❖ Continued counselling,
- ❖ Recovery support groups,
- ❖ Peer mentoring,
- ❖ Relapse prevention services

Reintegration Services

- ❖ Family reunification
- ❖ Employment readiness support
- ❖ Skills development referrals.
- ❖ Educational reintegration support.

Community-Based Follow-Up

- ❖ Home visits.
- ❖ Community monitoring,
- ❖ Support group facilitation,
- ❖ Crisis intervention services.

Recovery Monitoring

- ❖ Follow-up assessments,
- ❖ Recovery tracking,
- ❖ Relapse management plans,
- ❖ Ongoing support interventions.

6. OUTPUT INDICATORS

- ❖ Number of aftercare services provided
- ❖ Numbers of support group session facilitated
- ❖ Numbers of service users referred to the treatment centres (in and Out patient)
- ❖ Number of young people who participated in sports, arts and recreational activities
- ❖ Number of people reached through substance abuse prevention programmes
- ❖ Number of service users who accessed (substance use disorders) Treatment Services
- ❖ Number of Service User Detoxified
- ❖ Number of services users linked to Skills Development programmes

7. TARGET BENEFICIARIES

The programme must serve:

- ❖ Children and youth at risk and with substance use disorders
- ❖ Adults with substance use disorders.
- ❖ Individuals completing treatment programmes.
- ❖ Families affected by substance abuse.
- ❖ Vulnerable community members.
- ❖ Schools including Tertiary institution

8. SUITABILITY OF PERSONS WORKING WITH USERS

- ❖ No person may be involved in the treatment, rehabilitation and skills development of people abusing substances or affected by substance abuse unless such person has completed an accredited training, provided in terms of the South African Qualification Authority Act, 1995 (Act No. 58 of 1995).

9. STAFFING REQUIREMENTS

Professional Staff

- ❖ Social Work Supervisor
- ❖ Social Workers
- ❖ Social Auxiliary Workers
- ❖ Registered Counsellors
- ❖ Psychologists (sessional/contract)
- ❖ Nurses

Support Staff

- Programme Coordinator
- Administrative Officer
- Data Capturer
- Peer Support Workers